

## 2023 CEU Trainings: Michelle Roling, LMHC, CEDS-S

Date	Title & Presenter/s	Sponsoring Organization	CEU Credit Received
3/15/23	<p><b><i>Returning to Campus: How to Support Students in Recovery</i></b></p> <p>Michelle Cross, LCSW, RD, LD, CEDS-S</p>	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	1.5
3/15/23	<p><b><i>Crucial Conversations: Motivating Students to Get the Care they Need</i></b></p> <p>Allison Chase, PhD, CEDS-S</p>	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	1.5
3/15/23	<p><b><i>Doing More with Less: Partnering and Referring for Specialized Care</i></b></p> <p>Howard Weeks, MD, MBA, DFAPA, DFAACAP and Deb Michel, PhD, CEDS-S, FAED</p>	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	1.5
3/15/23	<p><b><i>Identifying Students at Risk: Managing Suicidality and Self-Harm on Campus</i></b></p> <p>Anne Kubal, Ph.D., CEDS-S</p>	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	1.5
3/15/23	<p><b><i>Treatment Approaches for the Short-Term Treatment Model</i></b></p> <p>Aimee Keith, PsyD</p>	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	1.5

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3/15/23	<b><i>Identification and Assessment for Students at Risk of Mental Health Concerns</i></b> Kelly Souza, PsyD, CEDS	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	<b>1.5</b>
3/15/23	<b><i>Medical Management of Eating Disorders on Campus</i></b> Anne Marie O'Melia, MS, MD, FAAP and Steve Crawford, MD	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	<b>1.5</b>
3/15/23	<b><i>Identification and Inclusive Assessment, and Diagnosis of Eating Disorders on Campus</i></b> Amy Gooding, PsyD and Adele Levinstein, MS, RD, LD, CEDS-S	2023 Virtual College Symposium: Addressing the Rising Need in College Mental Health- ERC/ Pathlight	<b>1.5</b>
3/16/23	<b><i>2 Day intensive: Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk</i></b> George Haarman, PsyD, LMFT	PESI	<b>16</b>
3/16/23	<b><i>Best Practices in Clinical Supervision: A Blueprint for Providing Effective and Ethical Clinical Supervision 3 hrs.</i></b> George Haarman, PsyD, LMFT	PESI	<b>6</b>
August 2023	<b><i>Adult Mental Health First Aid Facilitator Training</i></b>	National Council for Mental Wellbeing	<b>32</b>
8/18/23	<b><i>Group Therapy Referrals-</i></b> Heidi Pontinen, Ph.D, LP	ISU Student Counseling Services	<b>1.5</b>
9/21/23	<b><i>Understanding Biofeedback</i></b> LETICIA RIBEIRO, MS,PHD,LP	ISU Student Counseling Services	<b>1.5</b>

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10/16/23	<b><i>Psychedelic-assisted Therapy for Depression: ? Clinical Considerations and Current state of Evidence.</i></b> <i>Natalie Gukasyan, MD</i>	ERC Fall On-Demand Conference	1.5
10/16/23	<b><i>Social Media, Fad Diets and Celebrity Endorsement: Implications for Eating Disorders</i></b> <i>Landry Weatherston-Yarborough, LPC, CEDS-S, NCC, Sally Fleck, PhD and Shana Menai Spence, MS, RDN, CDN</i>	ERC Fall On-Demand Conference	1.5
10/16/23	<b><i>Individuation: Working with Families as they Navigate the Transition to Adulthood</i></b> <i>Allison Chase, PhD, CEDS-S and Rachel Zavala, MS, RD</i>	ERC Fall On-Demand Conference	1.5
	<b><i>ERC Certificate- Eating Disorder Informed Professional designation</i></b>		
10/18/23	<b><i>Measurement Based Care - at Bubba's DM, IA</i></b> Alexander Danvers PhD	Acadia/ Sierra Tucson	1
10/20/23	<b><i>EDCI Fall Conference</i></b> <i>Applying HAES Principles to Therapeutic Interventions aimed at treating ED: Brandi Stalzer, LIMPH, LPCC, LMHC; Getting Unstuck: an overview of CPT and applications for trauma and ED: Samantha Petersen, LCPC, CADC; Understanding ED after Traumatic Event Larreau Mettler, LIMHP, LPC Treating AFRID Treatment Strategies for ED Professionals: Kate Fisch LCSW; Evidence Based Treatment for ED: What research tells us about tx modalities and how to apply them to practice: Kim Tallon, LISW, CEDS-C</i>	At Grandview University	6
10/23/23	<b><i>ACES Attachment and Eating Disorders</i></b> <i>Jane Teixeira, LMFT and Jessica Barth-Nesbit, MA, RD, LD, CEDRD</i>	ERC Fall On-Demand Conference	1.5
10/23/23	<b><i>Integrating Exercise into Eating Disorder Treatment</i></b> <i>Ralph E. Carson, CED-RD, PhD, Adele Levinstein, MS, RD, LD, CEDS-S, and Kelsey Horton, PA-C, RD</i>	ERC Fall On-Demand Conference	1.5
10/30/23	<b><i>Mental Health in College Student Populations: Findings from the National Healthy Minds Study</i></b> Sarah Lipson, PhD, EdM	ERC Fall On-Demand Conference	1.5

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11/17/23	<b>Career Counseling:</b> Travis Brace Ph.D.	ISU Student Counseling Services	1.5
11/17/23	<b>Navigating Clinical Crisis in the Virtual Space</b> Lyndsey Gregory, LCSW	ERC Fall On-Demand Conference	1.5
11/17/23	<b>Social Media and Mental Health in Children and Adolescents</b> Alyssa Lucker, DO and Emily Hochstetler, MD	ERC Fall On-Demand Conference	1.5
11/17/23	<b>The Importance of Gender-Affirming &amp; Celebratory Care</b> Moe Ari Brown, LMFT	ERC Fall On-Demand Conference	1.5
11/27/23	<b>The Kids Are Not All Right: Impact of Weight Stigma on Children and Adolescents</b> Anne Marie O'Melia, MS, MD, FAAP, CEDS-S, Elizabeth Wassenaar, MS, MD, CEDS-S, Rebecka Peebles, MD	ERC Fall On-Demand Conference	1.5
11/27/23	<b>Culturally Affirming Care: Mental Health From the Eye of the Beholder</b> Carolyn Coker-Ross, MD, MPH, CEDS, Charlynn Small, PhD, LCP, CES-S, Mazella Fuller, PhD, LCSW, CEDS-S, and Norman Kim, PhD	ERC Fall On-Demand Conference	1.5
11/27/23	<b>Mental Health Treatment in Transgender and Gender-Diverse Populations</b> Lee Robertson, BA, PhD Candidate and Thomas Joiner, PhD	ERC Fall On-Demand Conference	1.5
		<b>Total:</b>	<b>95.5</b>